



Is food a problem for you? **Overeaters Anonymous – Hour of Power**

WWW.OAHOP.ORG



- Do you lose control over the amount of food you eat?
- Are you unable to quit overeating when you honestly want to stop?

Monday – Tuesday – Wednesday – Thursday - Friday

NO DUES – NO FEES – NO WEIGH-INS – NO DIETS

Telephone Meeting Live: **712-432-5200**

1:00 PM Eastern Time

Access Code: 956915#

Telephone Meeting Recorded: **712-432-5203**

Listen - Any Time

Access Code: 956915#



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